



OMEGA 3 SMOOTHIE

FISH OIL SUPPLEMENT

Lemon Fish Oil is a great tasting nutritious smoothie that gives you all the benefits of Omega-3 EPA and DHA without the messy oil or hard to swallow capsules.

Product Highlights

- Great Tasting & Smoothie Texture
- Easy to Swallow
- Rich in Omega 3 Fatty Acids
 - Over 1000mg Omega-3 Fatty Acids per serving
 - 360mg EPA (Eicosapentaenoic Acid) per serving
 - 360 mg DHA (Docosahexaenoic Acid) per serving
- 830mg Omega-9 PUFA per serving
- 35 servings per 12oz. bottle
- Ultra purified cod and/or salmon oil
- *One serving (2 teaspoons) provides 720 mg of EPA and DHA
- Sugar Free - Naturally Sweetened with Xylitol
- *Significantly more absorbent than capsules
- Product Quality Assurance (Clinically tested, Proposition 65 Compliant, and IFOS Compliant)

TresOmega Lemon Fish Oil Smoothie Nutritionally Supports:

- *Heart Health
- *Healthy Cholesterol Levels
- *Joint Mobility & Bone Density
- *Energy & Endurance
- *Skin, Hair & Nail Health
- *Mental Health, Wellness and Acuity
- *Healthy Blood Glucose
- *Eye Health

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Tres OMEGA™

Product Specifications

Ingredients: Purified fish oil (salmon oil and/or cod liver oil), water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, sorbic acid, turmeric (for color), Vitamin E (as d-alpha tocopherol) and ascorbyl palmitate to ensure freshness.

Suggested Use: SHAKE WELL prior to use. Take 2 tsp daily. Can be taken straight or mixed into juice, yogurt, or blended beverages.

Refrigerate after opening.

Product Statements:
Product of USA

Mountain High Organics Inc. will guarantee quality/stability of finished product for 24 months from date of manufacture. The bottle must be properly sealed; the product stored at temperatures between 15-30°C (59-86°F), and a humidity of <50%.

This Product is Free From:
Artificial color, artificial flavor, gluten (wheat), lactose (dairy), yeast, sugar, tree nuts, peanuts, sesame, eggs, sodium

This Product Contains:
Soy, Fish, Animal Derivatives, Preservatives

1. Contains lecithin derived from soy
2. This product contains fish oil (cod and or salmon oil)
3. Sorbic Acid
4. Vitamin E may contain traces of soy

Supplement Facts

Serving Size 2 tsp. (10 ml)
Servings Per Container 35

Amount Per Serving	
Calories 45 Calories from Fat 30	
% Daily Value*	
Total Fat 3 g	5%
Saturated Fat 1.0 g	5%
Trans Fat 0 g	†
Polyunsaturated Fat 1.0 g	†
Monounsaturated Fat 1.0 g	†
Cholesterol 10 mg	3%
Sodium 0 mg	0%
Total Carbohydrate 4 g	1%
Sugars 0 g	†
Vitamin A 340 IU	6%
Vitamin E 4 IU	13%
Omega-3 Polyunsaturated Fat	
Eicosapentaenoic Acid (EPA) 360 mg	†
Docosahexaenoic Acid (DHA) 360 mg	†
Alpha-Linolenic Acid (LNA) 26 mg	†
Other Omega-3 Fatty Acids 280 mg	†
Omega-6 Polyunsaturated Fat	
Linoleic Acid (LA) 100 mg	†
Other Omega-6 Fatty Acids 100 mg	†
Omega-9 Monounsaturated Fat	
Oleic Acid 690 mg	†
Other Omega-9 Fatty Acids 140 mg	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established.

